

POPS TOOLKIT



Cognition

Abbreviated Mental Test Score (AMTS)

10 question tool

GP-COG

Questionnaire
Part 1 - Patient
Part 2 - Relative/carer

MOCA

30 point cognitive screening test

4-AT

Rapid assessment of delirium



Functional Status

Barthel Index

Questionnaire on personal ADL performance

Nottingham Extended ADL Scale

Questionnaire on instrumental ADL performance

Frailty

Edmonton Frailty Scale

Online calculator

Clinical Frailty Scale

Judgement based evaluation framework

Medical Scores

Chronic Kidney Disease

Risk stratification tool for CKD (uses eGFR and A:CR)

MRC Breathlessness

Grading of dyspnoea by association with different levels of exertion

NYHA Heart Failure

Classification of HF by symptom presence with different levels of exertion

Fracture risk assessment tool (FRAX)

Calculates 10-year risk of hip/major osteoporotic fracture

HAS-BLED

Calculates 1-year bleeding risk in AF patients on anticoagulation

CHA2DS2-VASc

Calculates stroke risk in AF

Medications

STOP-START

Medication screening tool

Medications Appropriateness Index

Assessment framework

Anticholinergic Burden Calculator

Online calculator

Creatinine Clearance Calculator

Estimation of renal function

Mental Health

Hospital Anxiety and Depression Scale (HADS)

Questionnaire

Generalised Anxiety Disorder - 7 (GAD-7)

Questionnaire

PHQ-9 depression screen

Questionnaire



Social

AUDIT alcohol screen

Alcohol harm screening tool

CAGE

Alcohol screening tool

MUST

Nutrition screening tool

Surgery

Surgical Outcome Risk Tool (SORT)

Estimates 30-day mortality risk for surgical patients

POSSUM Score

Estimates morbidity and mortality for surgical patients

Anaesthetics

ASA Classification

Grading of fitness for surgery

Mallampati Classification

Simple tool to predict ease of intubation