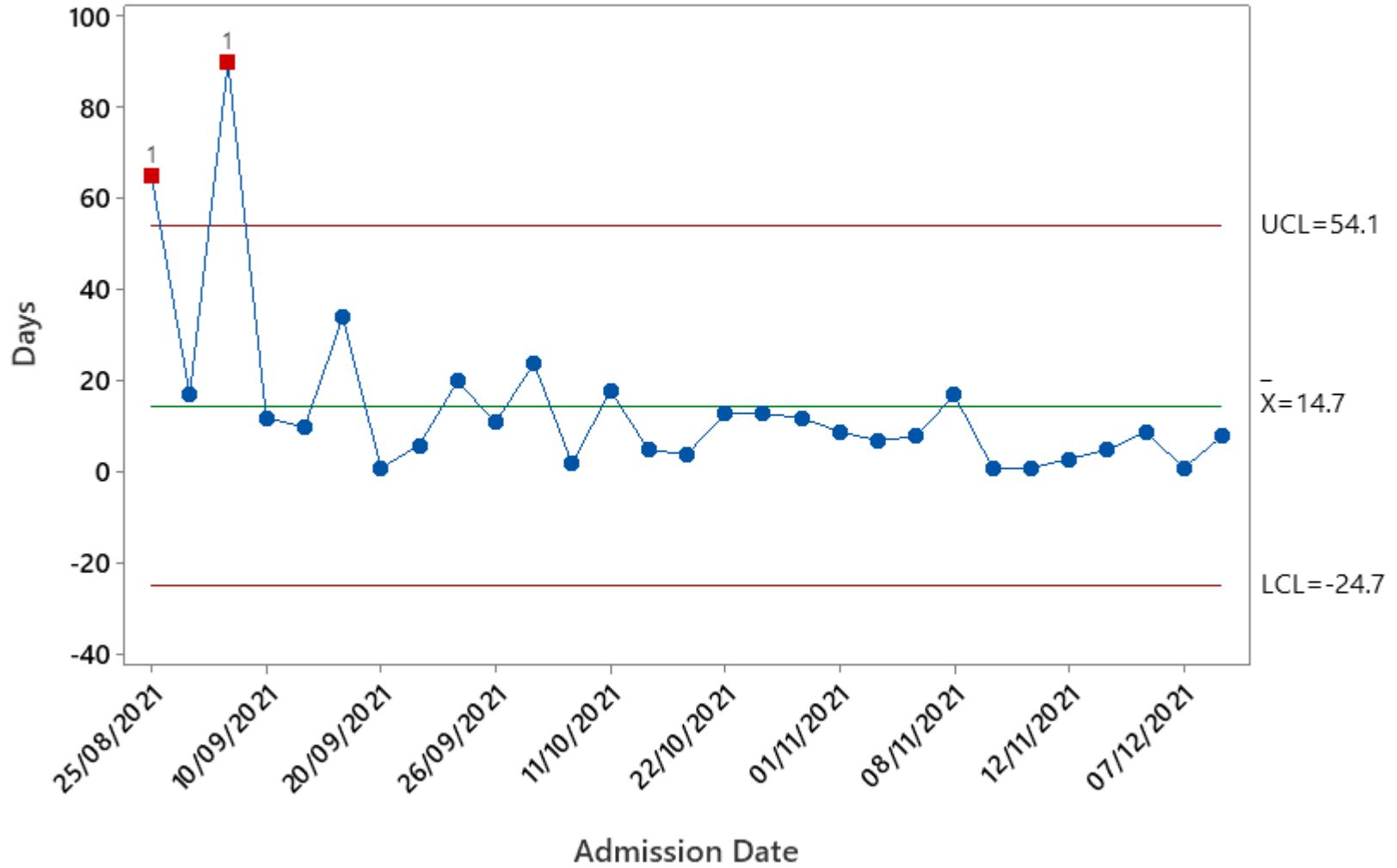
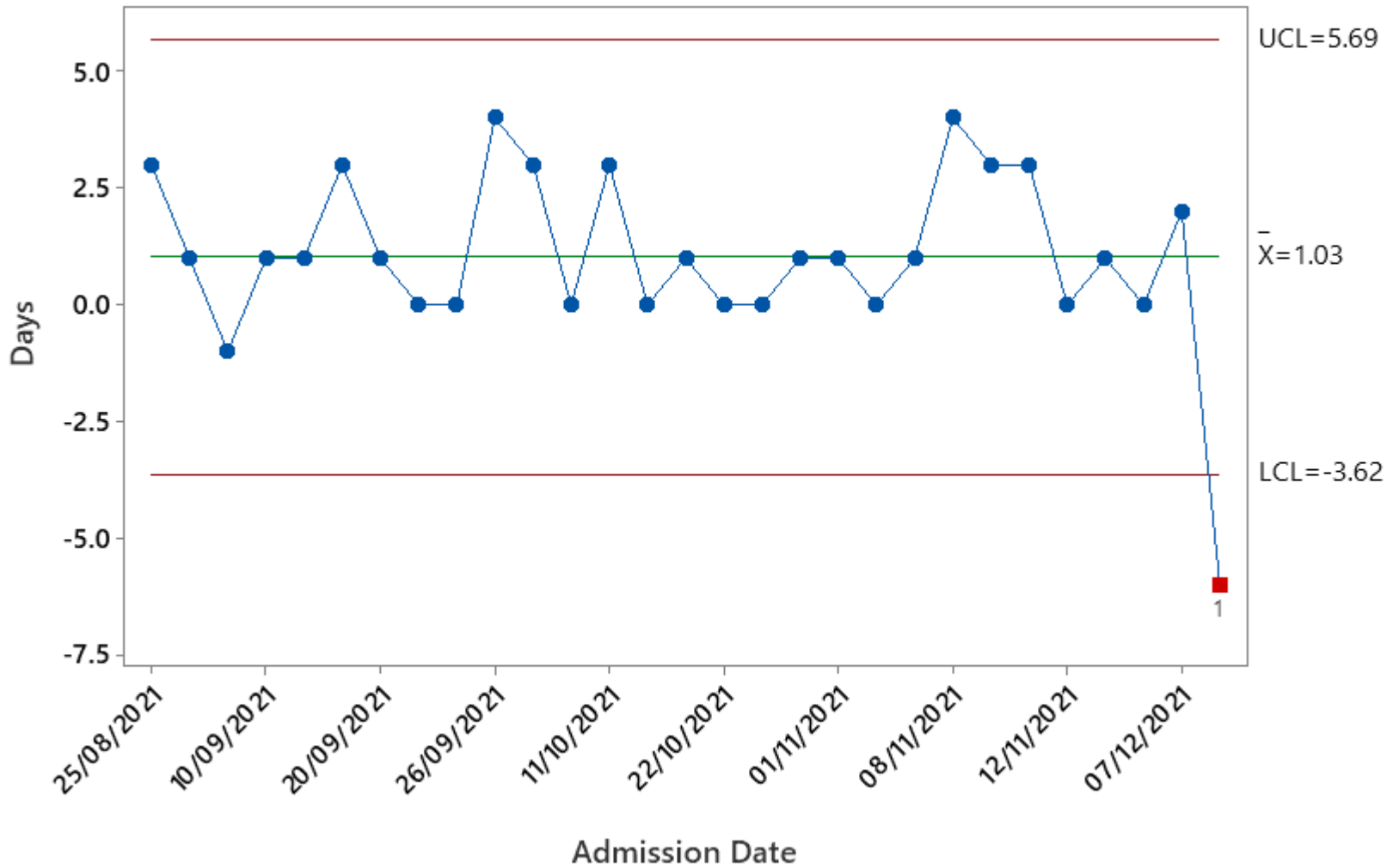


Lewisham & Greenwich

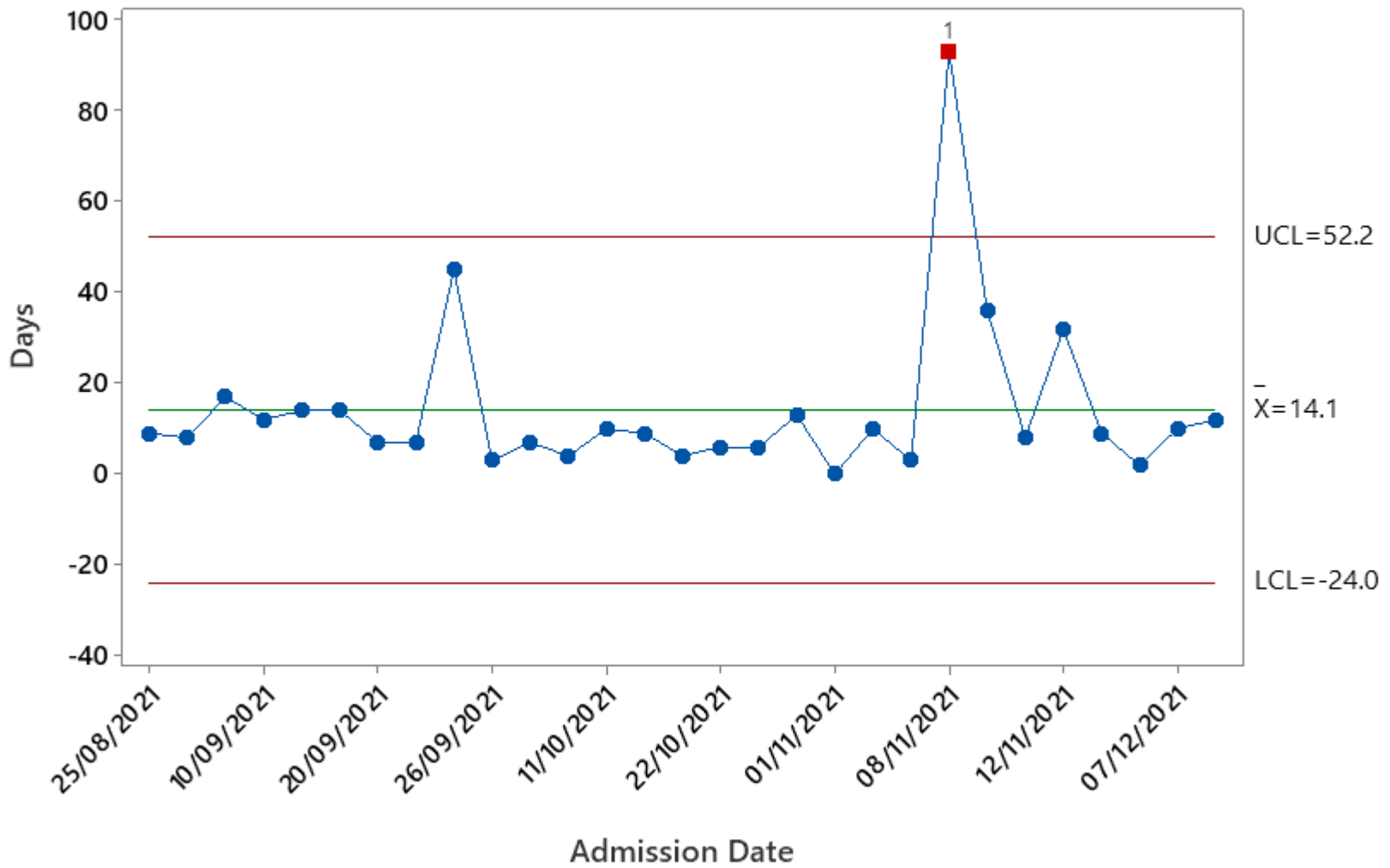
Days until crisis / from admission



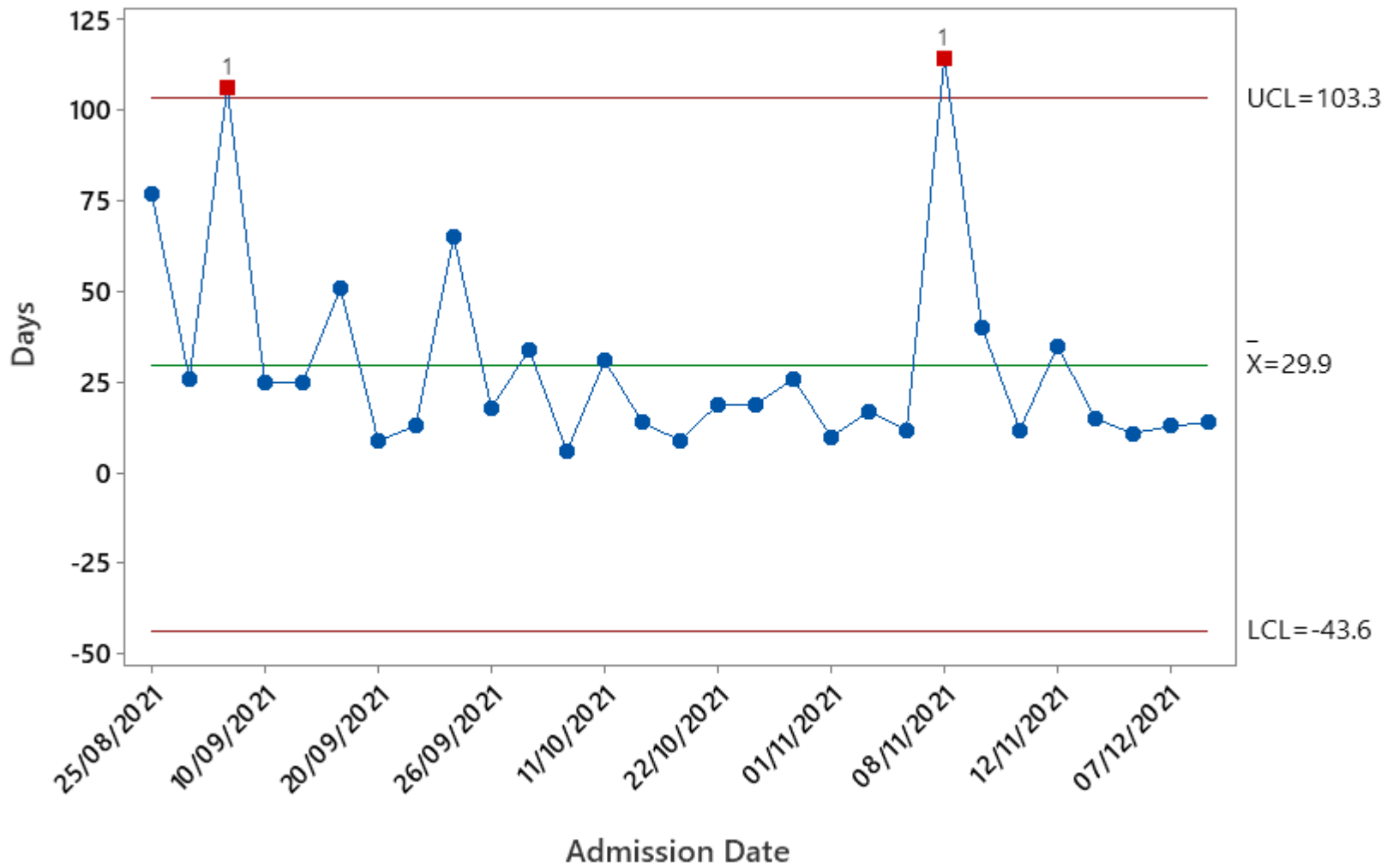
Days from ref to being seen by frailty



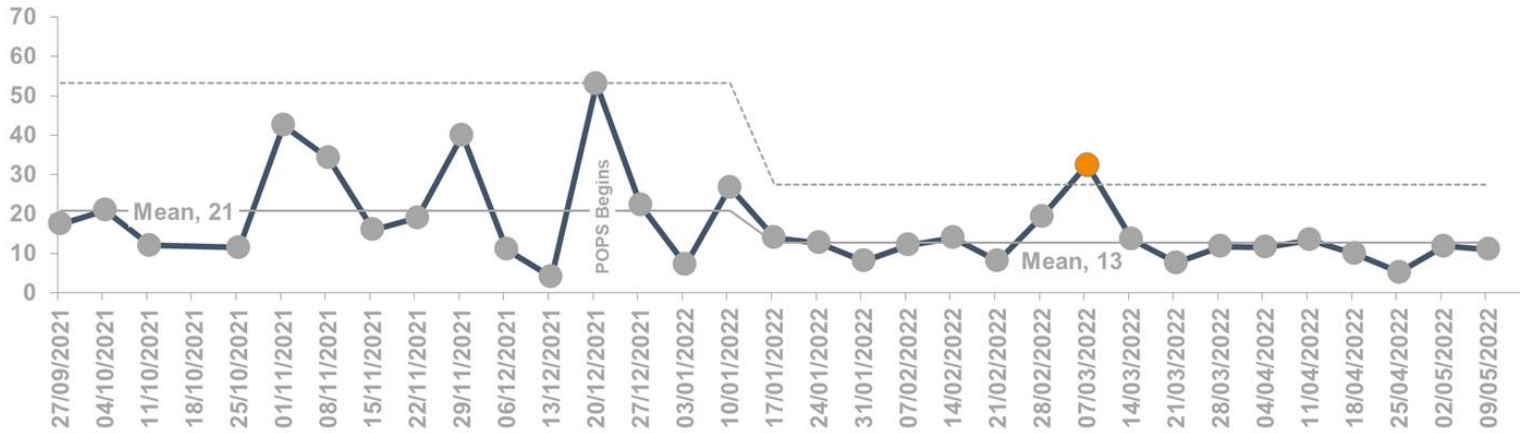
Days from frailty review to discharge



Total Length of stay



LOS: Before and After POPs



Whipps Cross Hospital

Barts Health NHS Trust

Whipps Cross data plan

ELECTIVE

EMERGENCY

Process:

- No of patients reviewed/week
- No of encounters needed/patient
- No of CGA issues addressed/patient
- No of medication changes/patient
- No of additional TEPs implemented/wk

Outcome:

- No of patients /month :
 - Identified as not being suitable for ER surgery
 - Identified as having end of life or palliative care needs
- Place of discharge
- No of transfers from surgical to older person wards/month.

Other:

- Trends in readmissions

Not started:

- TBC: LOS data
- Transfers/month from surgical ward to older person ward. Comparison pre and post T-POPS

Improvement Networks

Process:

- Identification of pre-morbid delirium in patients reviewed

No of patients from Frailty Urology MDTs :

- Number discussed monthly
- Changed from GA to LA procedure, or lower risk procedure
- Taken off waiting list
- Delayed for medical optimisation or further SDM
- Identified at risk of deconditioning
- Identified at risk of delirium
- Identified as benefitting from F2F CGA pre-assessment

Other:

- Trends in readmission

Colorectal planning:

- No of patients ≥ 65 yrs from colorectal MDT for surgery
- G8 score in patients undergoing major colorectal surgery
- Reasons for LOS above expected

Not started:

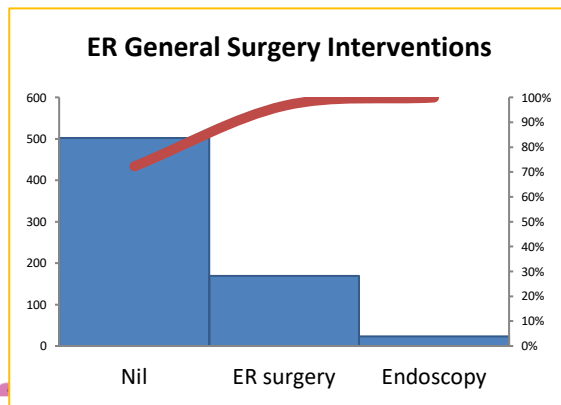
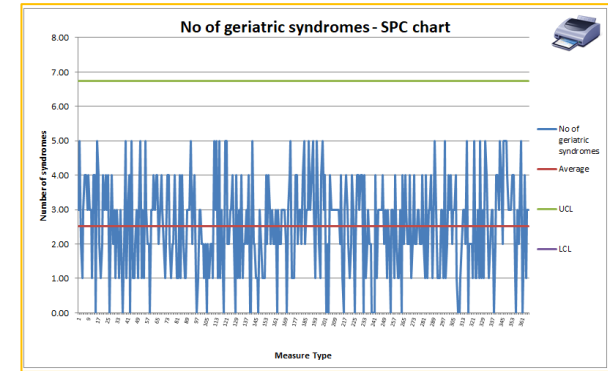
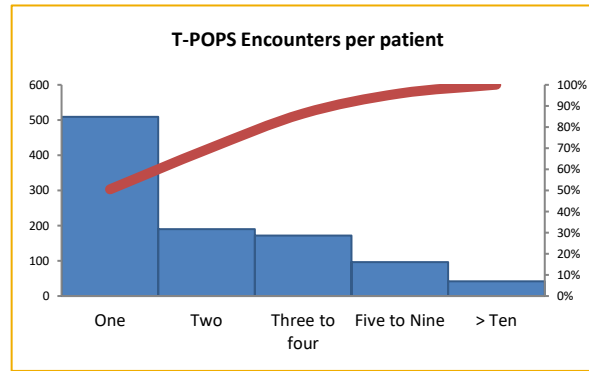
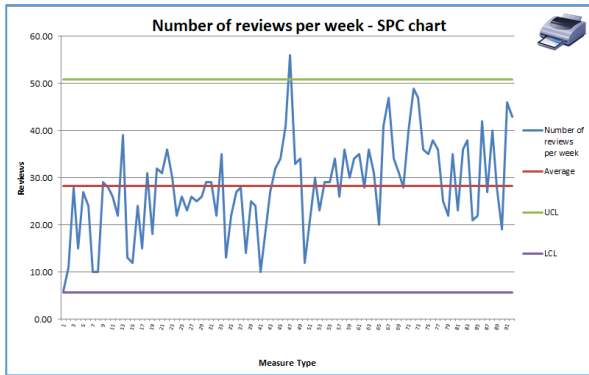
- SDMQ19 in HRA pre-assessment clinic
- Additional interventions added by presence of Geriatrician and a Therapist in pre-assessment



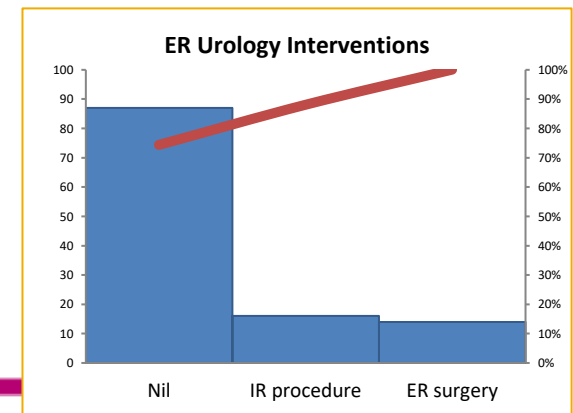
Elect

Emergency

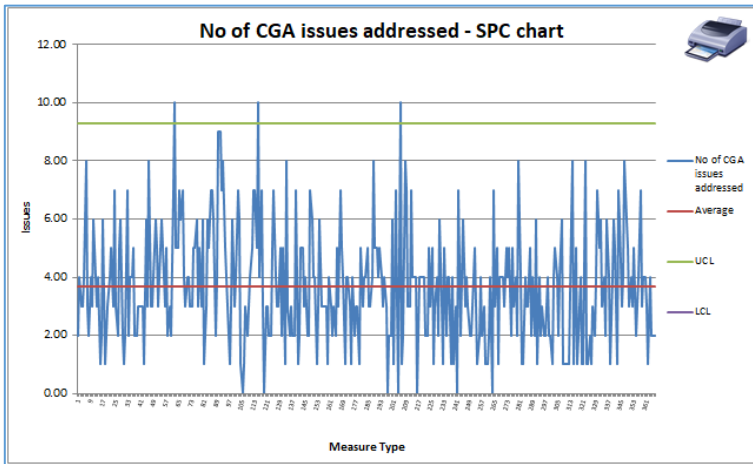
EMERGENCY INPATIENTS REVIEWS: Service inputs and patient type



- On average ~28 patient reviews/week
- 70% of patients require only 1-2 reviews, with a small number of high intensity patients
- Typically 2-3 geriatric syndromes present
- Majority of patients reviewed on ER pathway managed conservatively

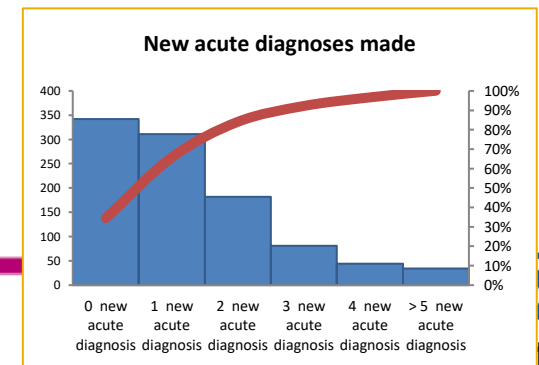
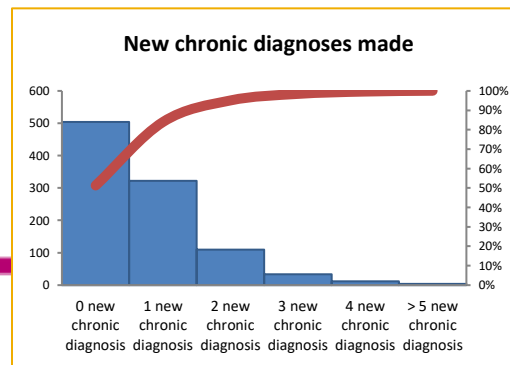
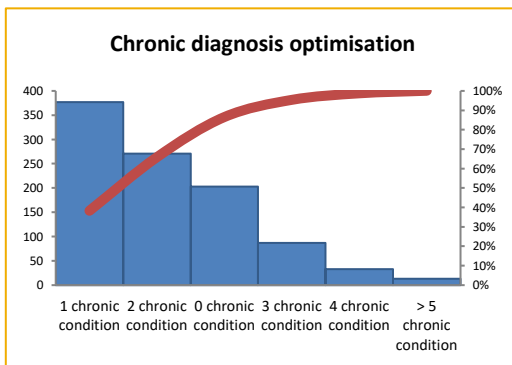


EMERGENCY INPATIENT REVIEWS: T-POPS encounter CGA issues outcome

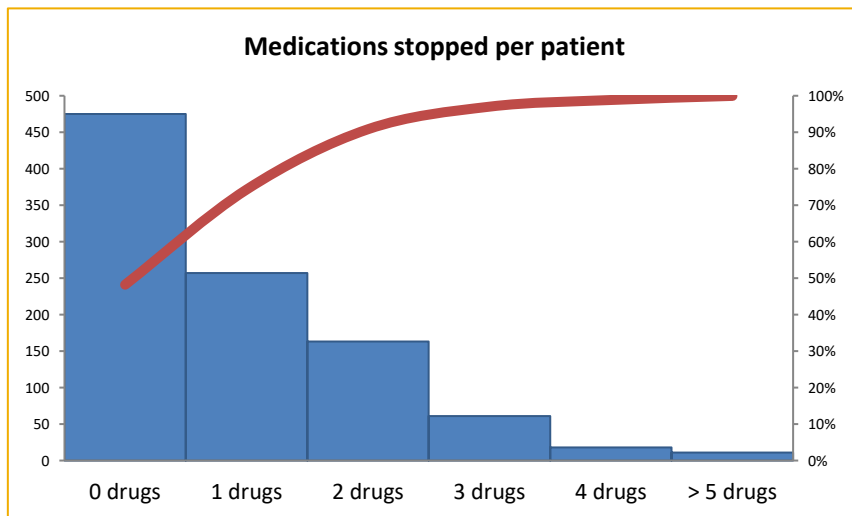
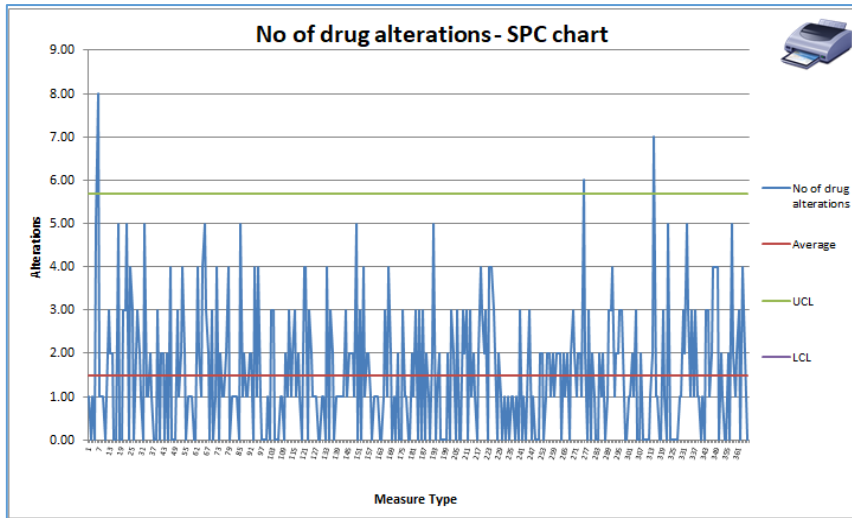


Each T-POP encounter:

- Average ~3-4 CGA issues addressed
- ~70% likelihood of 1-2 chronic conditions undergoing further medical optimisation
- ~40% likelihood of 1-2 new chronic diagnoses being made
- ~50% likelihood of 1-2 new acute diagnoses being made



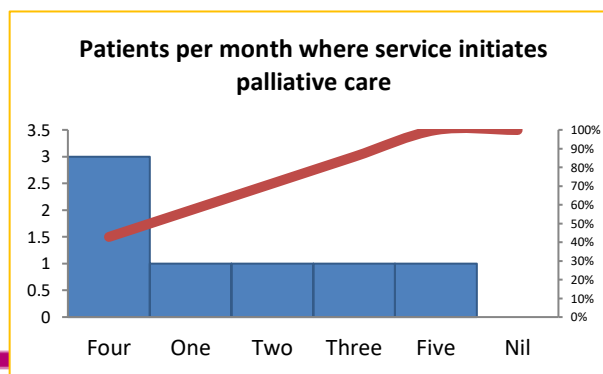
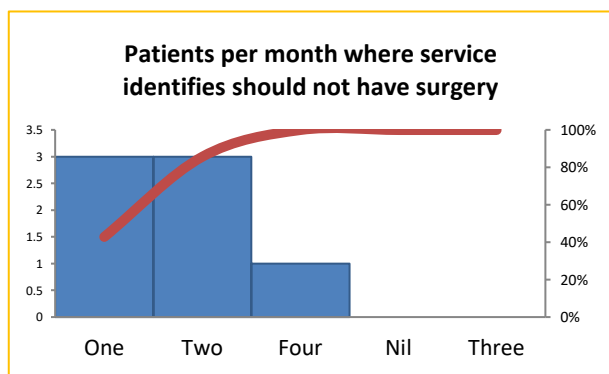
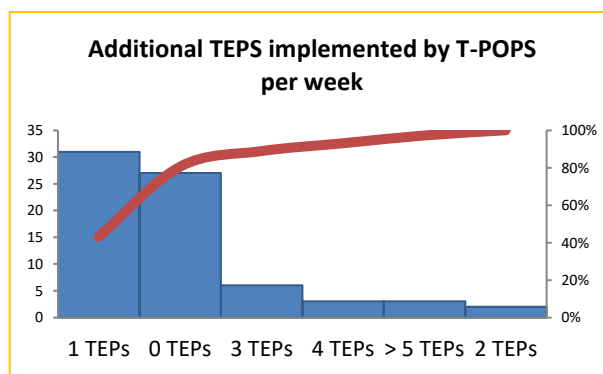
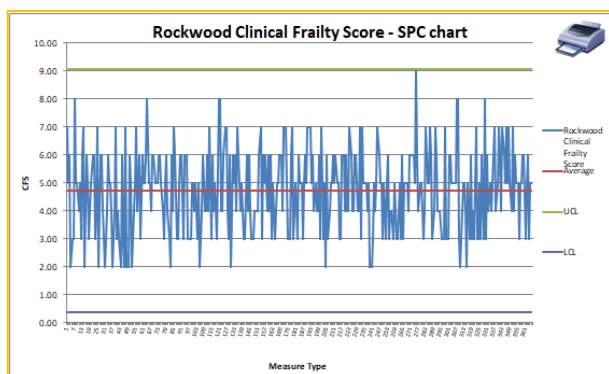
EMERGENCY INPATIENT REVIEWS: T-POPS encounter medication changes outcome



Each T-POPS Encounter:

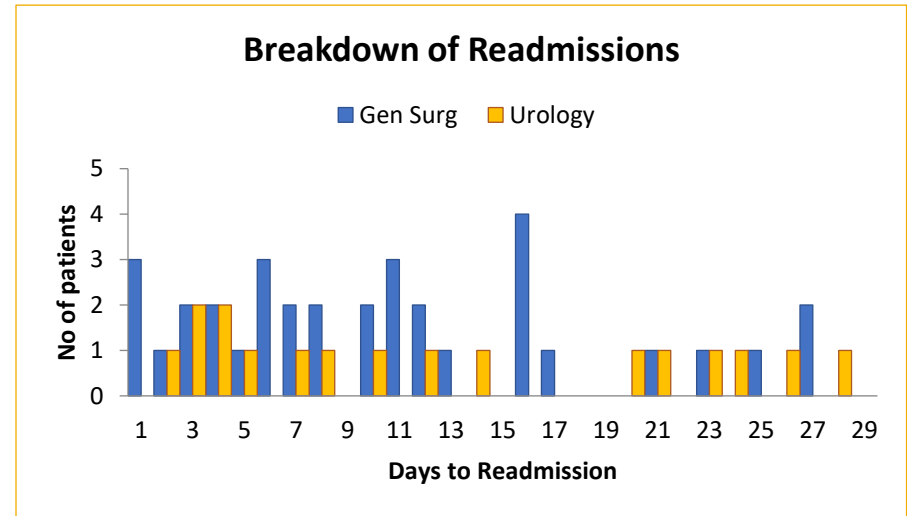
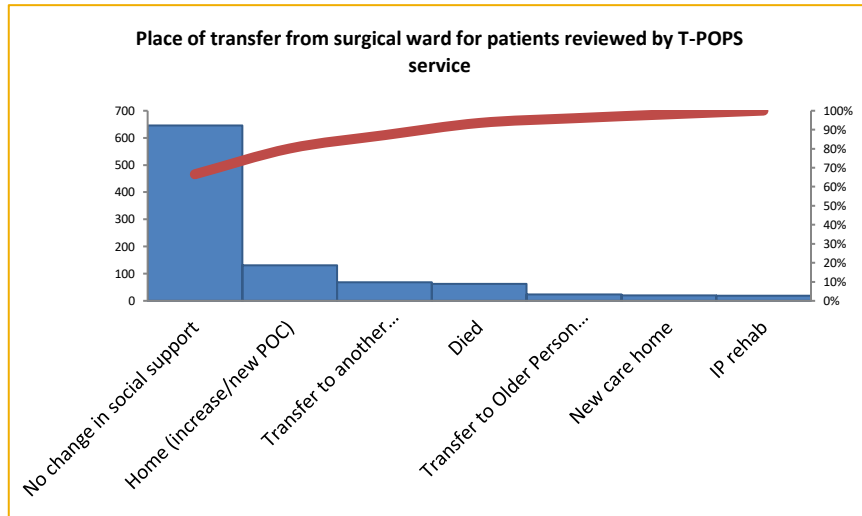
- Likely 1-2 medication alterations
- ~40% likelihood of 1-2 medications being stopped

EMERGENCY INPATIENT REVIEWS: T-POPS encounter palliative outcome



- Average CFS of patients reviewed by service between 4-5
- ~ 15% of patients reviewed by service have pre-existing TEP prior to admission
- Each week, ~60% likelihood of additional TEPS being implemented by T-POPS
- Each month, ~85% likelihood that T-POPS will identify 1-2 patients who should not have surgery due to their frailty & co-morbidities
- Very likely that T-POPS will recognise a dying patient and initiate palliative care in at least 1-2 patients per month

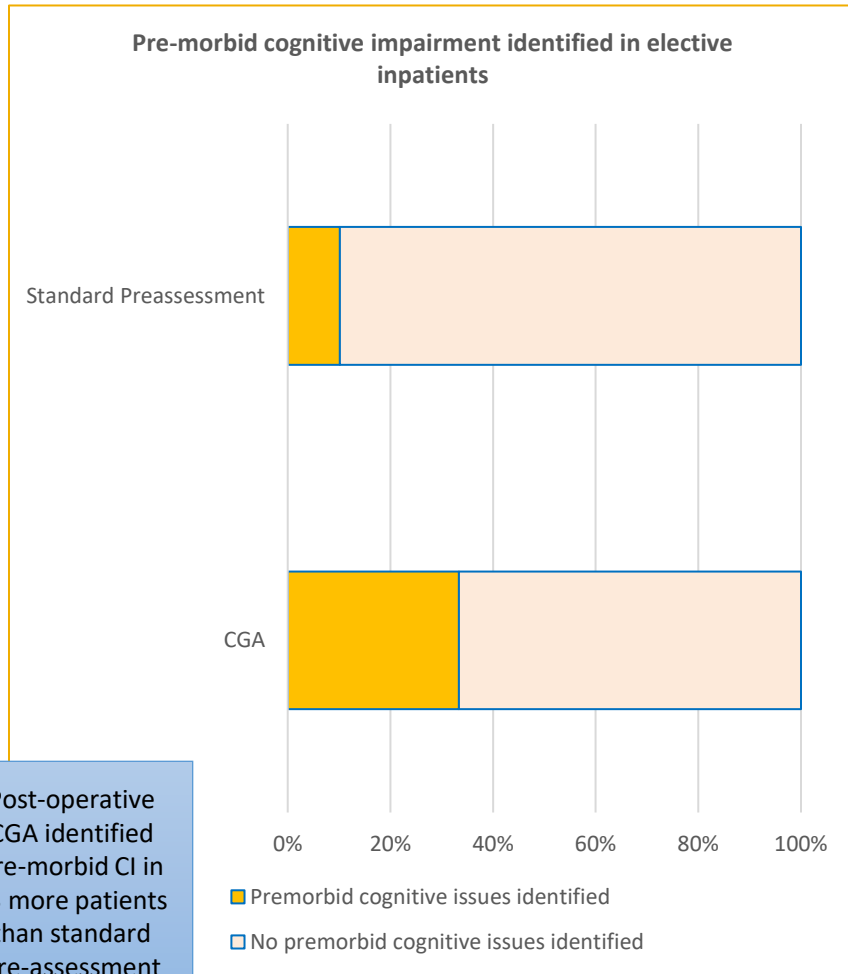
EMERGENCY INPATIENT REVIEWS: Discharge outcomes from emergency surgical wards



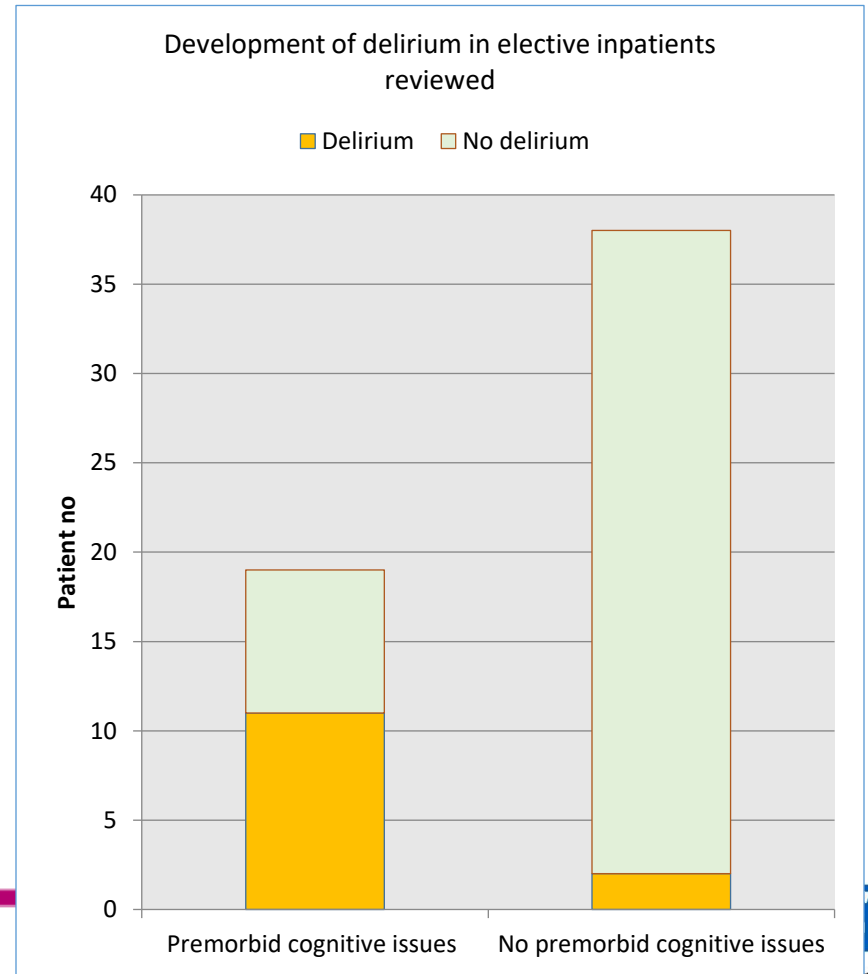
- 80% of patients reviewed returned back to previous place of residence (67% with same level of support)
- No specific clustering of readmissions.
- From 50 readmissions , 3 identified as having modifiable factors -> potentially preventable by having further interdisciplinary input

Elective

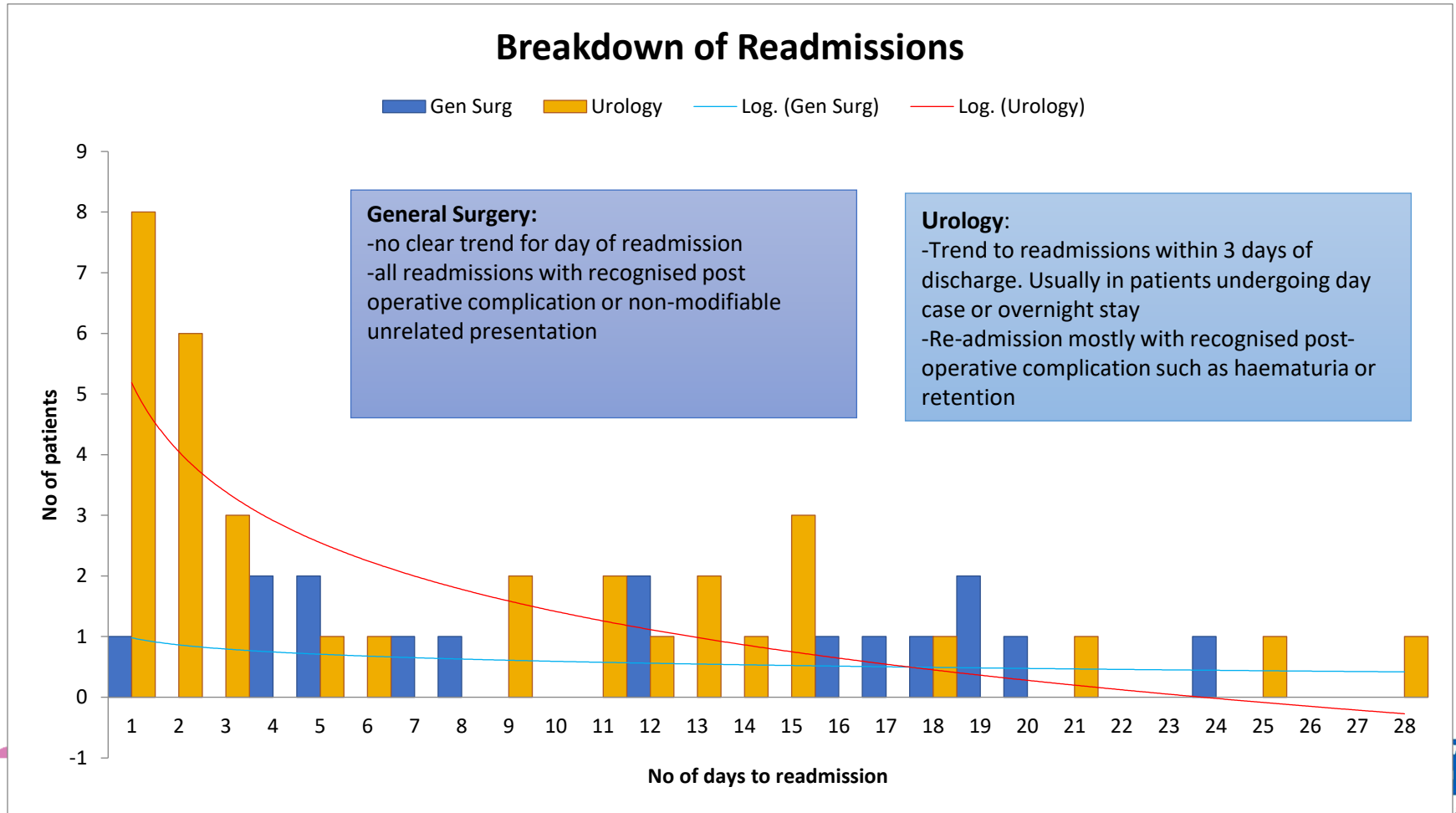
ELECTIVE INPATIENT REVIEW: Identification of pre-morbid cognitive issues via CGA



Post-operative CGA identified pre-morbid CI in x3 more patients than standard pre-assessment

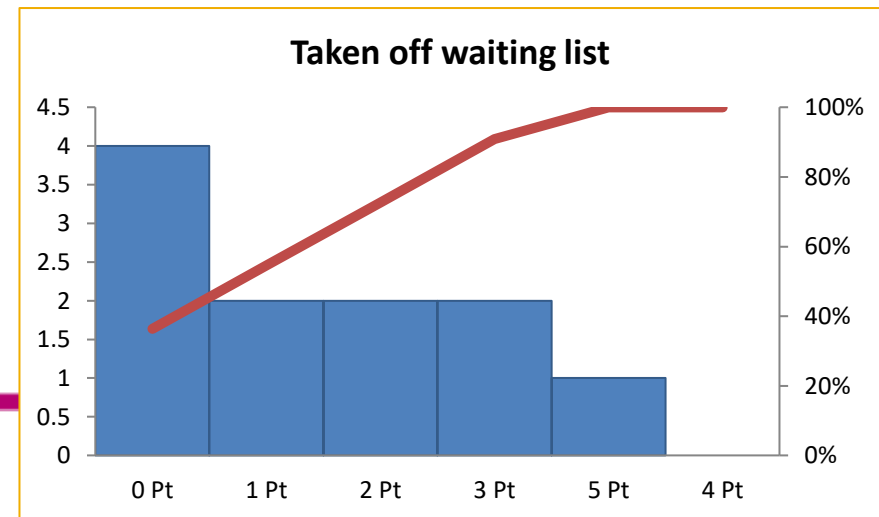
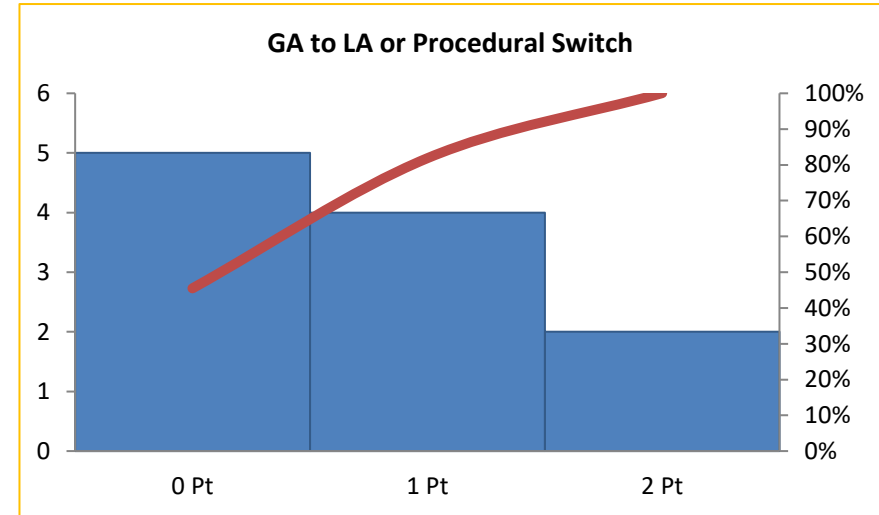
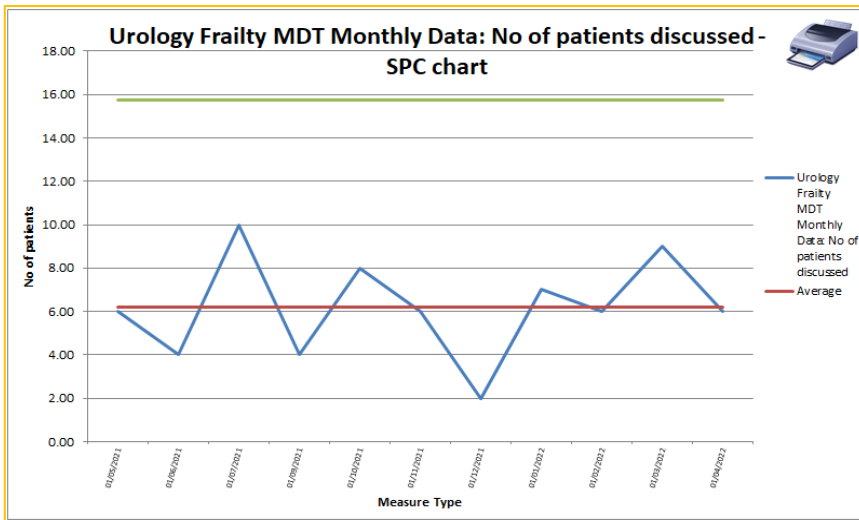


ELECTIVE INPATIENTS: Readmissions from the Elective Surgical Ward



UROLOGY: Frailty MDT

- Average of 6 patients discussed in each monthly MDT
- Initial snapshot audit suggested that 35pts/month would meet criteria for discussion



Over 50% likelihood that following each MDT:

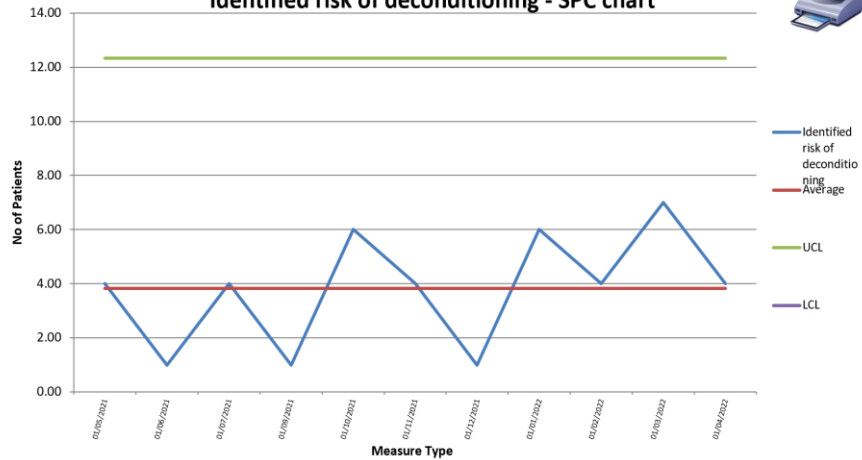
- 1-2 patients' procedure or mode of anaesthetic will be switched to a lower risk option
- 1-3 patients will be taken off the waiting list due to their co-morbidities and frailty

UROLOGY: Frailty MDT

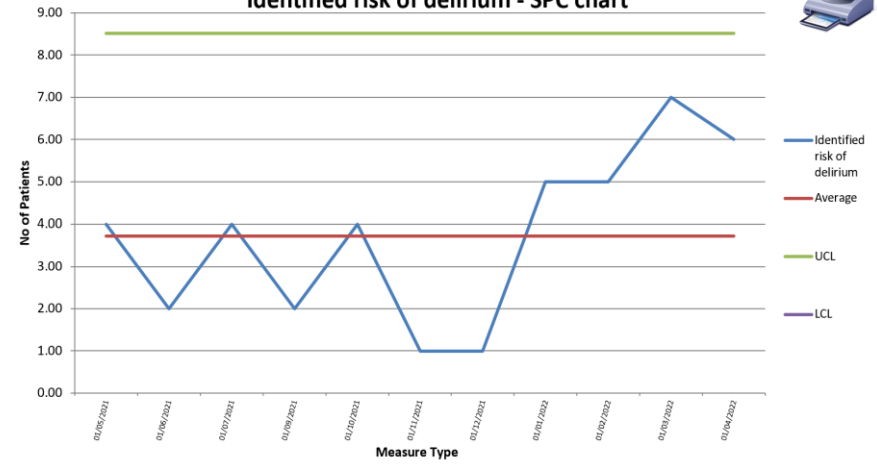
Within each Frailty MDT:

- ~4 pts likely to be identified as at risk of delirium
- ~4 pts likely to be identified as at risk of deconditioning
- ~40% likely identified as needing further medical optimisation or further shared decision making discussion
- ~ 3pts likely to benefit from F2F CGA Pre-assessment

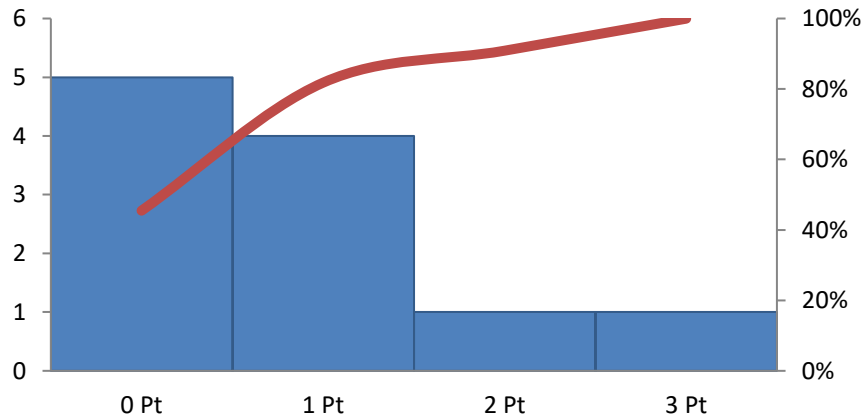
Identified risk of deconditioning - SPC chart



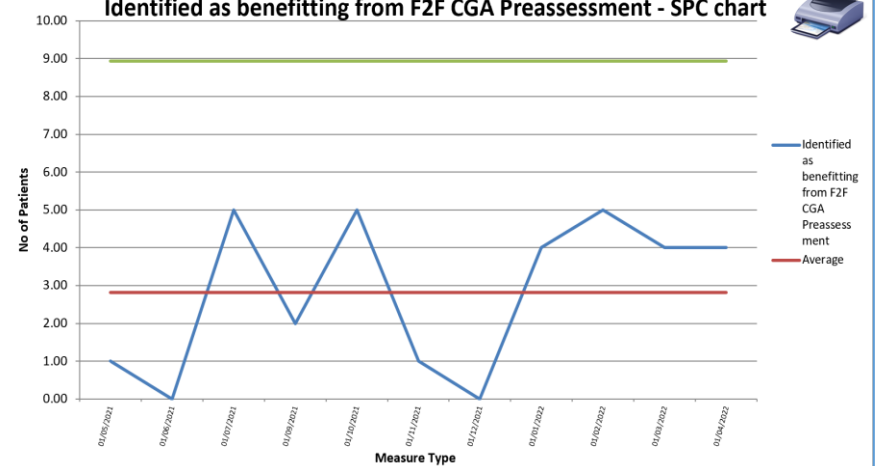
Identified risk of delirium - SPC chart



Medical optimisation or further patient discussion needed



Identified as benefitting from F2F CGA Preassessment - SPC chart

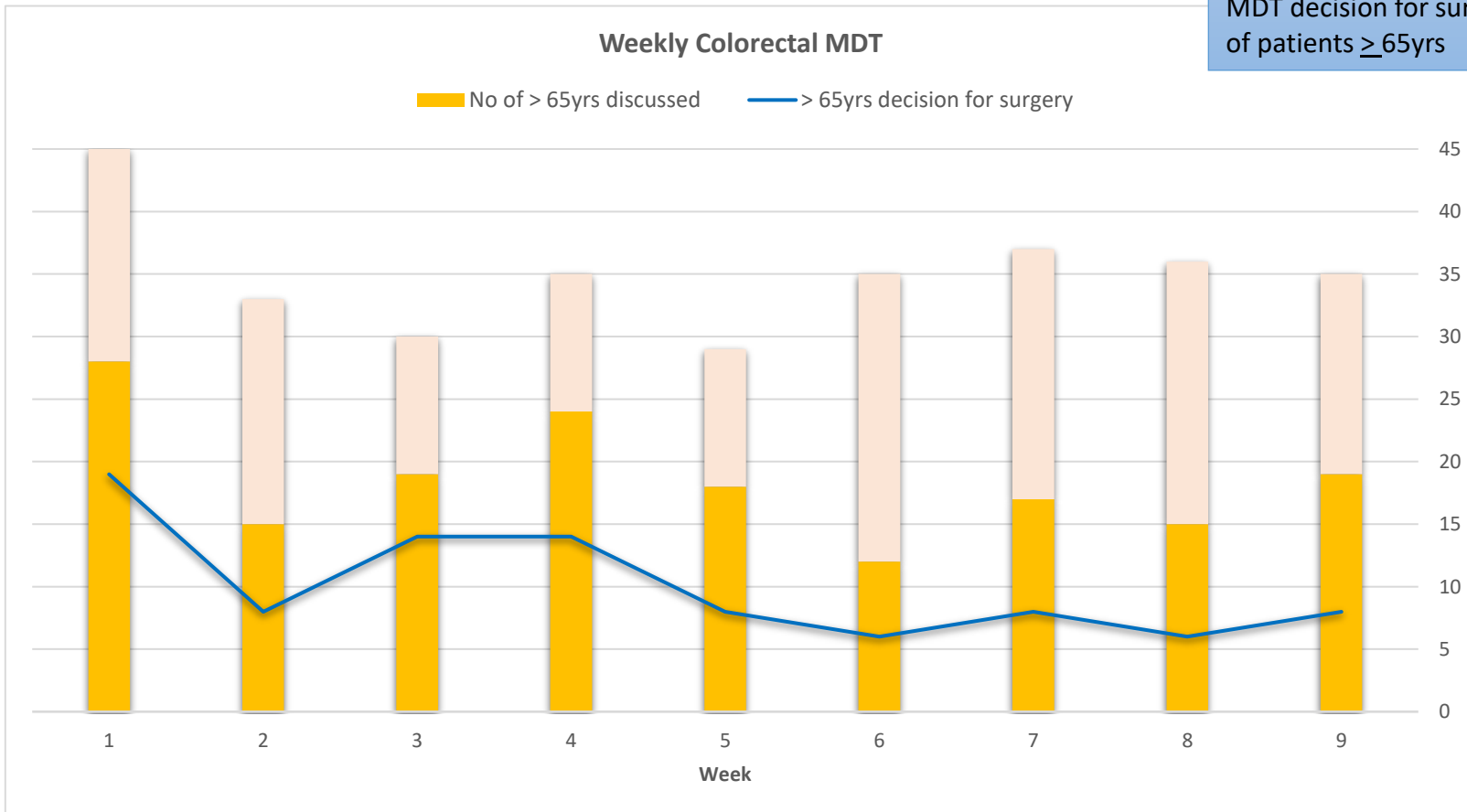


COLORECTAL: Weekly Colorectal MDT

Mean data:

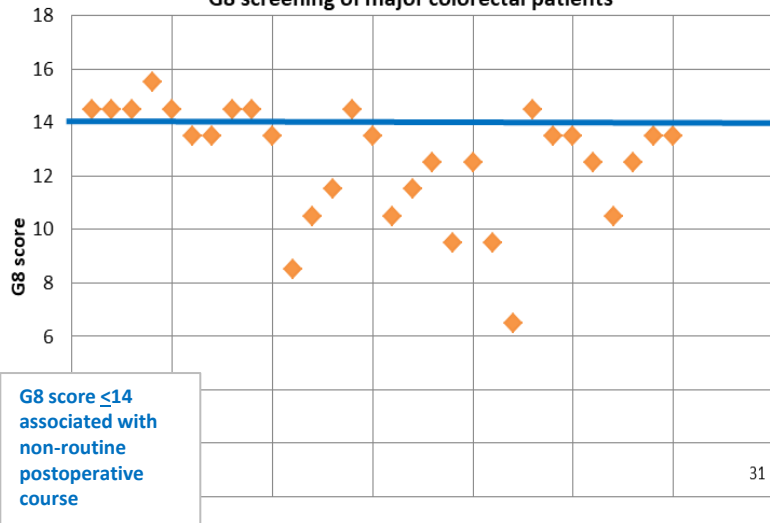
~ 47% of discussed patients \geq 65yrs

MDT decision for surgery in ~ 53% of patients \geq 65yrs



COLORECTAL: 30 patients undergoing major colorectal surgery

G8 screening of major colorectal patients



- 70% had G8 score ≤ 14
- Two thirds had LOS above expected

- 25% longer LOS due to non-surgical cause (blue dots)
 - 100% all had functional/social delays
 - 40% had medical morbidity delays
- 54 bed days lost due to non-surgical delays
 - 25 bed days lost due to medical illness
 - 29 bed days lost due to functional/social agenda

LOS over expected correlated with G8 frailty score for elective major colorectal surgery

